

# St. michael 's

## Messenger

May 2007



### **Our Purpose**

*To bring the light, love and joy of  
Jesus Christ into this world – by living the written  
Word, sharing the living Word, and loving without  
exception.*

**St. Michael & All Angels  
Episcopal Church**

**81 Burke Drive, Buffalo, New York 14215-1305  
Phone 836-0220**

E-mail: [stmichaelepisc@aol.com](mailto:stmichaelepisc@aol.com)  
Website: [www.st-michaels-buffalo.org](http://www.st-michaels-buffalo.org)

The Right Rev. J. Michael Garrison, Bishop

The Rev. Charles Wheeler, Rector  
Home #832-3047

Email: [frcwheeler@aol.com](mailto:frcwheeler@aol.com)

The Rev. Shirley Trail, Deacon  
Cell #604-4379

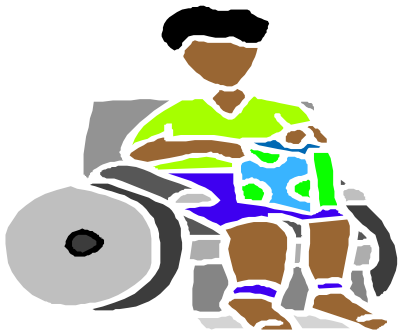
Linda Seitz, Music Minister  
Home #693-2037

Office Hours:  
Monday, Wednesday, and Friday  
8 am – Noon

## More Safety Tips

### **Out and About:**

- If possible, go with a friend and let someone know where you are going and when you expect to return.
- Stick to well-lit, well traveled streets. Avoid shortcuts through wooded areas, parking lots or alleys.
- Carry a purse close to your body – not dangling by the straps. Put a wallet in an inside coat or front pants pocket.
- If you use a wheelchair, keep your purse or wallet tucked snugly between you and the inside of the chair.
- If you use a knapsack, make sure it is closed securely.
- In case of an emergency, always carry your medical information.
- Consider carrying a portable cell phone in your vehicle.
- When using public transportation – use well-lighted, busy stops, stay near other passengers and sit by the driver.
- Stay alert! Don't doze or daydream!
- If someone harasses you, make a loud noise or say "Leave me alone." If necessary, hit the emergency signal.



### **Happy Birthday**

1<sup>st</sup> Cynthia Dedde  
3<sup>rd</sup> Diane Meacham  
9<sup>th</sup> Mark Bidell  
21<sup>st</sup> Evelyn Miller  
25<sup>th</sup> John Bidell  
26<sup>th</sup> Norma Miranda

### **Happy Anniversary**

5<sup>th</sup> Carol and Leon Shatzel  
22<sup>nd</sup> Marge and Norm Lang

Best wishes to all!

## RECTOR'S REFLECTIONS

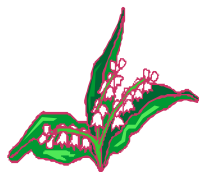
One of my favorite “modern” hymns is entitled “Pass it On”. I asked Karen to reproduce it for this month’s MESSENGER. The second verse is so appropriate for this time of the year. “What a wondrous time is spring –when all the trees are budding. The birds begin to sing, the flowers start their blooming.’ The author reminds us that God’s love is like this: that the beauty of spring is like the freshness and beauty of God’s constant and abiding love.

We need to be constantly reminded that God loves us with a pure, unconditional, and undying love. The very nature of God is love. The scriptures proclaim that “God is love.” He has revealed himself as a loving God who went so far as to send Jesus Christ to die for us on the cross that we may have our sins forgiven and may have eternal life

I encourage you to take time to “stop and smell the roses.” Listen to the songs of our feathered friends. Watch the trees and flowers bud and bloom. Enjoy the warm weather. Thank God for the spring. Receive all as a gift from a gracious God: our loving heavenly father. May His blessings be yours in Christ.

Faithfully

Fr. Wheeler



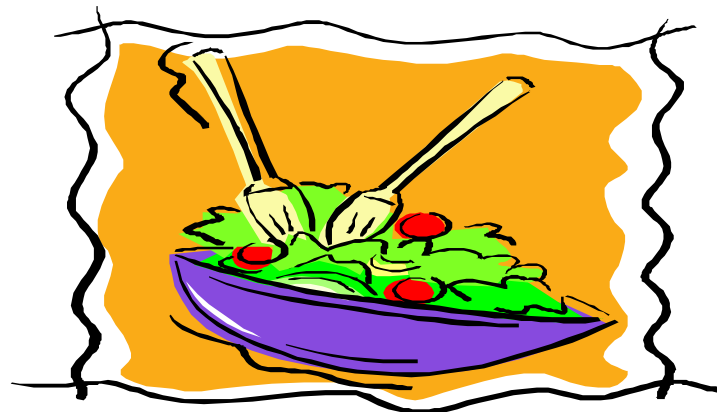
## Something New

Starting with the June Newsletter, I (the Editor) would like to feature some of your favorite recipes. Now that we are heading into the nice weather and outdoor cooking, ideas for grilling, salads, and fresh fruits desserts would be good. I know I am always looking for new ideas.

Later this year, a pot luck meal will be planned and hopefully you will bring that favorite dish to share with your friends at St. Michael’s.

To go along with the recipes, look at the bulletin board in the Parish Hall for other ideas and hints for summer cooking.

We will also be sharing some recopies from the past. There is a cookbook from St. Clement’s, the early days of St. Michael’s and hopefully someone has a cookbook from St. James.



**Anglican Communion Network of WNY  
Ladies Retreat on**

**“Spiritual Gifts”**

**St. Bartholomew’s Church**

**Friday, May 18<sup>th</sup> 7pm - 10:30 pm**

**Saturday, May 19<sup>th</sup> 8am - 4 pm**

**Breakfast and Lunch provided on Saturday.  
\$20.00 per person.**

**Sign up sheet on the bulletin board in the Parish Hall  
Payment maybe made - attention Secretary.**



HAPPY MOTHER’S DAY!

Don’t forget Sunday, May 13<sup>th</sup>  
is the Spring Ingathering for  
UTO.

**Blessed is the Woman.....**

Blessed is she who  
acknowledges her need for  
God; for she will receive his  
presence and support.

Blessed is she who hungers for  
closeness to Jesus Christ; for  
she will be filled with His  
compassionate love.

Blessed is she who is  
thoughtful of the needs of  
others; for her own needs will  
be filled.

Blessed is she who brings  
God’s peace to others; for  
serenity will come to her also.

*By Dorothy L. McFadden*



## Prescribed by the Great Physician

### BISHOP BRENT SCHOOL FOR MINISTRY

#### Introduction to the Epistles of St. Paul

Beginning Saturday, May 12, 2007 for 4 weeks.

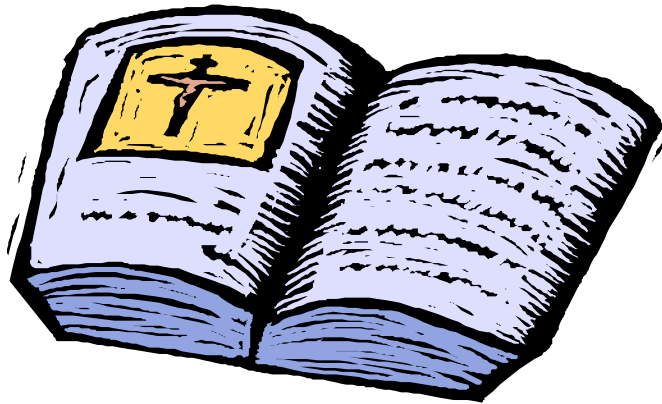
Instructor: The Rev. Deacon Shirley Trail  
Hosted by: St. Michael and All Angels Church  
Fee: \$35.00

#### Course Overview

*The Pauline Writings: A study of the Christology, Politics and Ethics of the Apostle who could claim "it is no longer I who live, but Christ who lives in me."*

This Course meets Diocesan continuing Education requirements for Deacons.

For more details, see Deacon Shirley or call the church office  
836-0220



**The next time you feel like GOD can't use you, just remember.....**

Noah was a drunk  
Abraham was too old  
Isaac was a daydreamer  
Jacob was a liar  
Leah was ugly  
Joseph was abused  
Moses had a stuttering problem  
Gideon was afraid  
Samson had long hair and was a womanizer  
Rahab was a prostitute  
Jeremiah & Timothy were too young  
David had an affair and was a murderer  
Elijah was suicidal  
Isaiah preached naked  
Jonah ran from God  
Naomi was a widow  
Job went bankrupt  
Peter denied Christ  
The Disciples fell asleep while praying  
Martha worried about everything  
The Samaritan woman was divorced, more than once  
Zaccheus was too small  
Paul was too religious  
Timothy had an ulcer....And Lazarus was dead!

Now! No more excuses! God can use you to your full potential. Besides you aren't the message, you are just the messenger. And one more thing....Share this with a friend or two....In the circle of God's love, God's waiting to use your full potential.